

The Preschool Centre – Union and Melissa St. Menu's

Week #1

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal with milk Banana Milk / Water	Waffles w/ whipped cream Strawberries Milk / Water	Wow Butter Banana Wraps Milk / Water	Muffins Oranges Milk / Water	Biscuits w/ jam Oranges Milk / Water
Afternoon Snack	Chocolate pudding Bananas Milk / Water	Pineapple Social crackers Milk / Water	Macaroons Apples Milk / Water	Granola Bars Banana Milk / Water	Crackers Cheese Dried apricots Milk / Water