

The Preschool Centre - Union and Melissa St. Menu's

Week #2

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal with milk Banana Milk / Water	Apple sauce Gingersnaps Milk / Water	Muffins Oranges Milk / Water	Oatmeal Bananas Milk / Water	Yogurt Blueberries Arrowroot Milk / Water
Afternoon Snack	Trail Mix Bananas Milk / Water	Cookies Apples Milk / Water	Fruit Salsa Pita chips Milk / Water	Cinnamon buns Apples Milk / Water	Graham crackers w/ cream cheese Apples Milk / Water