<u>The Preschool Centre – Union and Melissa St. Menu's</u>

<u>Week #3</u>

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal with milk Banana Milk / Water	French toast Bananas Milk / Water	Yogurt Crackers Blueberries Milk / Water	Biscuits and Jam Oranges Milk / Water	Muffin Bananas Milk / Water
Afternoon Snack	Veggie tray Milk / Water	Mandarins Ritz crackers Milk / Water	Cantaloupe Cookies Milk / Water	Rice Krispies squares Bananas Milk / Water	Watermelon Crackers Milk / Water