## The Preschool Centre - Union and Melissa St. Menu's

## <u>Week #4</u>

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Crackers w/ cream cheese Apples Milk / Water	Cinnamon buns Apples Milk / Water	Yogurt Granola Berries Milk / Water	Bagel w/ cream cheese Oranges Milk / Water	Muffin Oranges Milk / Water
Afternoon Snack	Nutri-Grain bars Grapes Milk / Water	Cookies Bananas Milk / Water	Pears Ritz crackers Milk / Water	Banana bread Milk / Water	Sun Chips Bananas Milk / Water