

PRESCHOOL CENTRE

MENU WEEK 3

Week 3	Monday	Tuesday	Wednesday	Thursday	Friday
AM SNACK	FRUIT COCKTAIL ARROWROOT BISCUITS MILK / JUICE/WATER	BAGELS JAM OR CHEESE MILK / JUICE/WATER	CORN FLAKES MILK BANANAS MILK / JUICE/WATER	YOGURT WITH GRAHAM WAFER CRACKERS MILK / JUICE/WATER	WHOLE WHEAT CINNAMON TOAST MILK / JUICE/WATER
PM SNACK	RICE CAKES CREAM CHEESE MELON MILK / JUICE / WATER	CRACKER TRIO CHEDDAR CHEESE GRAPES MILK / JUICE / WATER	BANANA BREAD APPLE SLICES MILK / JUICE / WATER	FRUIT TRAY PRETZELS MILK / JUICE / WATER	RICE KRISPIE SQUARES PEARS MILK / JUICE / WATER

JUICE: APPLE, ORANGE, CRANBERRY