

The Preschool Centre

Week Two Menu

Week 2	Monday	Tuesday	Wednesday	Thursday	Friday
Am Snack	Mandarin Oranges, Arrowroot Cookies, Milk or Water	Rice Krispies Cereal, Bananas, Milk or Water	Yogurt, Bananas, Milk or Water	Toasted Bagels With Cream Cheese, Strawberries, Milk or Water	Cheese Biscuits With Berry Jam, Milk or Water
L U N C H	Pizza Casserole, Green Beans, Apples, Milk	Baked Ham, Hash Browns, Corn, Apples, Milk	Meatballs, Brown Rice, Mixed Veggies, Bananas, Milk	Grilled Chicken Wraps (Lettuce, Tomato, Cheese, Caesar Dressing) Cucumbers & Carrots, Milk	Homemade Macaroni Beef Soup, Garlic Bread, Oranges, Milk
Pm Snack	Cheese Rice Cakes, Kiwi, Milk or Water	Oatmeal Muffins, Pineapple, Milk or Water	Apple Sauce, Ginger Snaps, Milk or Water	Banana Bread, Apples, Milk or Water	Graham Crackers with WOW Butter, Bananas, Milk or Water