

*The Preschool Centre – Union and Melissa St. Menu's*

**Week #3**

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>Morning Snack</b>	Cereal with milk Banana Milk / Water	English muffin with jam Fruit Milk / Water	Muffins Banana Milk / Water	Cheese Biscuits Oranges Milk / Water	Yogurt Granola Fruit Milk / Water
<b>Lunch</b>	Pizza Casserole Oranges Milk / Water	Tacos (lettuce, tomato, beef, cheese, salsa) Fruit Milk / Water	BBQ Chips Apples Milk / Water	Pancakes and Sausages Apples Milk / Water	Picnic Lunch Fruit Milk / Water
<b>Afternoon Snack</b>	Veggie tray Milk / Water	Nutri Grain bar Banana Milk / Water	Cantaloupe Cookies Milk / Water	Rice Krispies Squares Banana Milk / Water	Watermelon Crackers Milk / Water

